



Article 24 (health and health services) Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy.

Richer countries must help poorer countries achieve this.

Article 29 (goals of education) Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

Article 31 (leisure, play and culture) Every child has the right to relax, play and take part in a wide range of cultural and artistic activities.

St Giles' CE Primary –Wild Wednesday Forest Rangers Programme.

St Giles' Junior Ranger program is a brilliant opportunity for children aged between 5-11 years to get to know the outdoors as part of the curriculum at St Giles' CE Primary School, during the school day.

Junior Rangers are able get to grips with a wide range of outdoor activities, playing games or finding out and exploring wildlife the wildlife that lives within the school grounds, learning about their habitats - and how we can help.

Participation also has many other benefits, encouraging development of valuable transferable life skills. Junior Ranger sessions are led by a qualified Forest School leader, with sessions being linked to the National Curriculum helping to benefit children in academic studies.



Wednesday 29th March	EYFS- Nursery am / REC pm	
Wednesday 19 th April	(9am) Class 4G am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. 1pm Class RG 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 26 th April	(9am) Class 4S am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. 1pm Class RS 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 10th May	1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. 3 rd Group: 1:00-2:00 p.m. 4 th Group: 2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 17 th May	Year 6 am/pm Focus: Shelter Building 1st Group: 9:00-10:30 a.m. 2nd Group: 11:00-12:30 p.m. 3rd Group: 1:00-2:00 p.m. 4th Group: 2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 24 th May	Year 6 am/pm Focus: Shelter Building 1st Group: 9:00-10:30 a.m. 2nd Group: 11:00-12:30 p.m. 3rd Group: 1:00-2:00 p.m. 4th Group: 2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.





Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being 1. Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings 2. Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.

Wednesday 1 st March	(9am) Class 3S am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. (1pm)Class 1S pm 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 8th March	(9am) Class 3G am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. (1pm)Class 1G pm 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity /Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 15th March	(9am) Class 5S am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. (1pm)Class 2S pm 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 22nd March	(9am) Class 5G am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. (1pm)Class 2G pm 1 st Group: 1:00-2:00 p.m. 2 nd Group: 2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.

Wednesday 7 th June Wednesday 14 th June	(9am) Class 3S am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. (1pm) Class 1S pm 1 st Group: 1:00-2:00 p.m. 2 nd Group: 2:00-3:00 p.m. (9am) Class 3G am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate. Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various
	(1pm)Class 1G pm 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 21 st June	1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. 3 rd Group: 1:00-2:00 p.m. 4 th Group: 2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 5 th July	(9am) Class 4S am 1 st Group: 9:00-10:30 a.m. 2 nd Group: 11:00-12:30 p.m. (1pm)Class 2S pm 1 st Group: 1:00-2:00 p.m. 2 nd Group:2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.
Wednesday 12 th July	(9am) Class 4G am 1st Group: 9:00-10:30 a.m. 2nd Group: 11:00-12:30 p.m. (1pm)Class 2G pm 1st Group: 1:00-2:00 p.m. 2nd Group: 2:00-3:00 p.m.	Theme: Immersion in Nature to develop mindfulness as part of mental health & Well being Nature Walk-Explore the School Grounds. Identify various plant species-talk about the biodiversity/ Tree rubbings Pupils spotting birds using binoculars. Sit around the fire-toasting marshmallows and drinking hot chocolate. Maybe share a story as appropriate.

